Bio: Lori Forden

Lori Forden, owner and teacher at Dalcroze Musical Arts in Colorado holds a Dalcroze Professional Certificate. Lori enjoys guiding students of all ages to have a deeper understanding of musicianship using movement. She is a former public school teacher and has also taught Dalcroze Eurhythmics at Interlochen Summer Arts Camp, Suzuki workshops, public school workshops, and musicianship skills to dancers.

In addition to teaching, Lori is also involved with the non-profit organization The Dalcroze Society of America as a Trustee and Board Chair at the national level and an officer of the local Rocky Mountain chapter. When she's not teaching, Lori enjoys many activities like skiing, camping and photography with her husband, children, dogs, and cat.